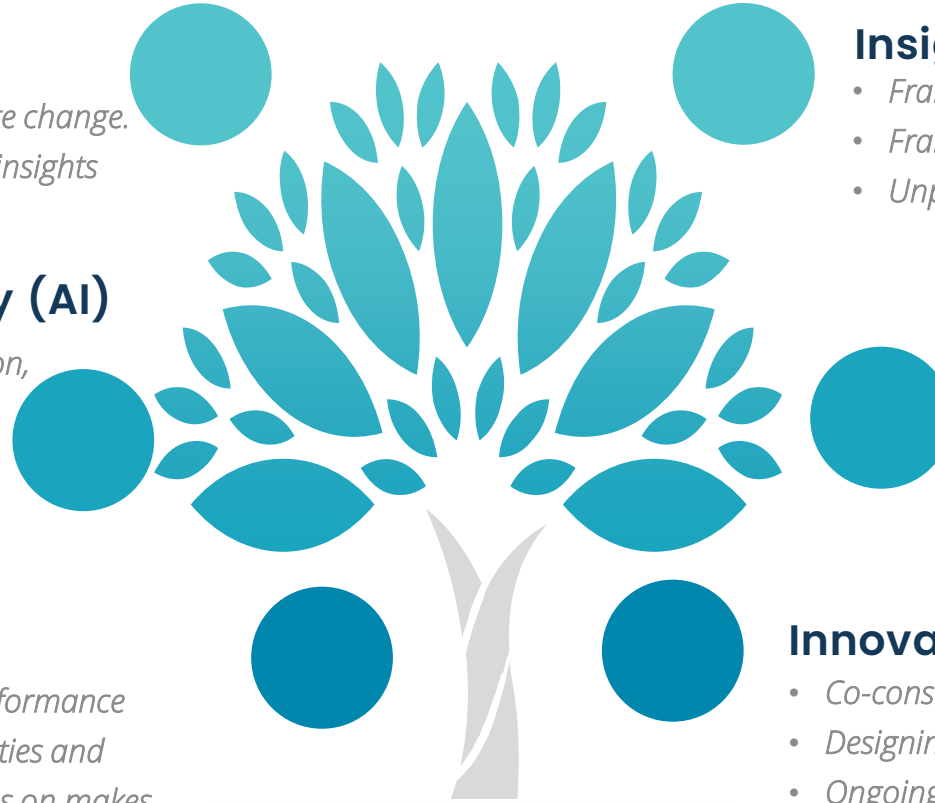


Coaching conversations, insights, and ideas focused on inspiring transformation

The benefits of using Appreciative Inquiry (AI) in coaching sessions, means the focus shifts from problems to possibilities, enabling a positive and growth-oriented dialogue with professionals.



Coaching : Thought Leaders

- The moment we ask a question we begin to create change.
- AI creates a constructive atmosphere, leading to insights and sustainable growth for professionals.

Coaching : Appreciative Inquiry (AI)

- AI is about increasing engagement and motivation, shifting the focus from problems to solutions, stimulating creativity and innovation, as well as fostering a positive mindset while promoting collaboration.

Coaching: Unlocking potential

- Unlocking people's potential maximises their performance
- All situations have an infinite number of possibilities and solutions to explore, and what we choose to focus on makes a difference

Purpose and Process

- Appreciative Inquiry helps your coachees explore their positive core, generate energy and motivation,
- This empowers them to create lasting change aligned with the vision and outcomes identified

Insights: Best Experiences (Past)

- Framing the conversation (What)
- Framing the conversation (Why).
- Unpacking the current data and identified gaps.

Inspiration: Best of what is (Current)

- Exploring the desired vision and results
- Consider research, resources, perspectives, tools, structures and strategies.
- Providing freedom to choose to empowers what is best for the vision

Innovation: Aspiration and Vision (Future)

- Co-constructing a personalised Action Plan / Clarity Map
- Designing collaborative professional learning process and sessions
- Ongoing reflections, refining and feeding forward for next steps

Engagements:

- Weekly or Bi-Weekly
- Long term of short term (minimum of three months)
- Online or Face to Face (if TIC in the region) (or as arranged)

